

How to Write a Goal...

# ***STORM***

***S*** - Specific: What do you want to achieve?

***T*** - Timely: Can you do this within your 140 hours available?

***O*** - Obtainable: Is this a reasonable goal?

***R*** - Relevant: How will this help promote learning for your field or exploration?

***M*** - Measureable: How will you know you have reached this goal?